

Speak Out and Act



If you see or hear something sexist – whether it’s an ad or something a friend has said – say so. You’re probably not the only one who thinks it’s wrong. Get informed about the impact of sexism on the women in your life and get comfortable with speaking out against things that are sexist or degrading.

If you or someone you know is impacted by sexual assault, family or domestic violence, call 1800RESPECT on 1800 737 732 or visit www.1800RESPECT.org.au. In an emergency, call 000.

ourwatch.org.au

